



# ESKRA 10K ENTRY FORM

## 12<sup>TH</sup> December 2015

No:

Pre-Entry £10 - Closes 9.00 pm, Friday 11th December  
Postal Entry £10 - Closes 5.00 pm, Monday 7th December (cheques ECA)  
Online Entry £11.50 - Closes 12.00 noon, Thursday 10th December  
Race Day Entry £12 - From 9.30 am to 11.30 am  
Pre Reg Nights Wednesday 9th & Friday 11th December, 7.00 - 9.00 pm in Eskra Community Centre  
Family Rate for 5K £20. max - Primary School child £5.00  
**Rudolph Beanie Hat for first 300 entries**

**ENTRY FORM**      **10K RUN**       **5K RUN**       **WALK**

**NAME**

**ADDRESS**

**EMAIL**

**CLUB (IF ANY)**

**MALE**       **FEMALE**       **AGE**

**10K CATEGORY**      **OPEN**       **OVER 40**       **OVER 50**       **OVER 60**

**5K CATEGORY**       **UNDER 18**       **OVER 18**

**TEAM EVENT (10K ONLY) 5 MEMBERS ALL MUST BE FROM THE SAME CLUB**  
**MALE & FEMALE TEAMS - NOT MIXED. TEAM ENTRY ON RACE DAY AT TEAM REGISTRATION TABLE**

**TEAM NAME:**

The competitor, who will be of the stipulated age on 12th December 2015, acknowledges that he/she will be competing entirely at his/her own risk and to the extent permitted by the Unfair Contract Terms Act 1977. Competitors must be over the age of 15\*. The organisers will not be liable for any loss, damage, illness or injury whatsoever, directly or indirectly occasioned by or resulting from the negligence, wrongful act or default of the organisers, its members, employees or agents or from any other cause including an Act of God or the physical condition of the competitor.

You must check this box to agree with the above conditions  
\* Under 15s are not legally permitted to run 10K

Signature: \_\_\_\_\_